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## **Naturopathy, Herbal Medicine and Nutrition:**

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Nutrition Almanac: 1996. G and J. Kirschmann. Mc Graw Hill. 494 pgs. \$15.

Laugh with Health: The complete illustrated guide to health, diet, nutrition, natural foods and recipes. 1996.  
Manfred Urs Koch. Renaissance Australia. 238 pgs. \$10

Culpeper's Complete Herbal and English Physician: 1981. J. Gleave and Son. A true facsimile copy of the  
1826 edition of Culpeper's book. Hardback 237pgs. \$20.

Cook Right for Your Type: Recipes for the Blood type diets. 1998. Dr Peter D'Adamo. 450pgs. \$9

## **Massage:**

Sport and Remedial Massage Therapy: 1996. Mel Cash. Ebury. 284 pgs. \$20.

Pre and Perinatal Massage: A comprehensive practitioners guide to Pregnancy, Labour and Post Partum.  
1998. Body Therapy Assoc. 177pgs. \$12.

Muscle Energy Techniques: 1996. Leon Chaitow. Advanced soft tissue techniques for remedial therapists.  
Churchill Livingstone. 160pgs. \$9.

The Book of Massage: 1984. L. Lidell. Ebury Press. Complete step by step guide to Eastern and Western  
techniques. 192pgs. \$5.

Atlas of the Human Skeleton. Gerard Tortora. 23 pgs. 1996. \$3.

The Complete Book of Massage: 1988. Clare Maxwell Hudson. Simon Schuster. Step by step guide with  
illustrations. 144 pgs. \$4.

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Bach Flower Therapy: 1990. Mechthild Scheffer. Thorsons. 237 pgs. \$4.

The Medical Discoveries of Edward Bach Physician: 1973. Nora Weeks. 141 pgs (2 copies) . \$7.

A Guide to the Bach Flower Remedies: 1979. Julian Barnard. C. W Daniel Company. 52pgs. \$7.

## **Feng Shui:**

Change Your Energy Change Your Life: 2004. Roxanne. Feng Shui Laws. A Practical and easy guide to  
Feng Shui. 333pgs. **Signed by the Author. \$20.**

Feng Shui: The Key Concepts. 1995. George Birdsall. Feng shui advisory centre. 205 pgs. \$12.

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The Shiatsu Handbook.1996. Shizuko Yamamoto and Patrick Mc Carty. Avery. 262 pgs. \$18.

Zen Shiatsu. 1977. Shizuto Masunaga and Wataru Ohashi. Japan Publications. 176 pgs. \$7.

**Others:**

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The Book of Yoga: The Complete Step by Step Guide. 1983. The Sivananda Yoga Centre. 187pg. \$6.

The Rules of Life: 2006. Richard Templar. Pearson Prentice Hall. A personal code for living a better, happier, more successful kind of life. 219pgs. \$7.

Perfect Health: 1990. Deepak Chopra. Bantam Books. The complete mind/body guide. 320 pgs. \$5.

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